



**SKILLS:** Diversity appreciation, discovering differences, respect for others

**OBJECTIVE:** Identify and explore some of the commonalities we share with one another. Identify and explore some of the ways we are unique from one another. Describe reasons why being different from one another is good.

Students show differences through dancing in response to different prompts, helping them become more in tune with their likes and dislikes.

### Quick Tips

- Students can be standing at their desks or all together at the front of the classroom.

### Why do we do this?

We practice What's the Diff? to notice similarities and differences in our communities. We celebrate differences because being different makes a stronger community. When we share common experiences, we feel closer to one another. When we understand one another's differences, we can use each other's different strengths to successfully work towards a common goal.

### Ideas for Integration

- If you think your students need a "brain break", this is the perfect video! Put on a song and give them 'differing' prompts (or follow along with the video).

### Virtual Facilitation

**Synchronous:** In a video conference, follow the instructions as is.

**Asynchronous:** Students can participate with someone near them. If this isn't possible, students can draw a picture of anything that comes to mind while reflecting on the prompts in the video:

- Are you tired this morning? Are you feeling awake this morning? Do you like soccer? You like tacos? Do you have a brother? Do you like to dance? Do you like football? Do you like to sing? Are you having fun today? Are you nervous about anything today? Have you been a good friend today? Are you proud of something you've done today? Do you appreciate your family today? Are you feeling upset or worried about anything today? Have you done something kind for someone today? Have you practiced an Emoger today? Have you celebrated yourself today?