

The Way To Go's

Primary Competency:

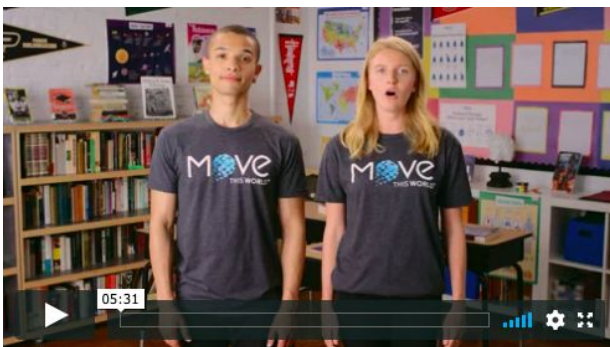
- CASEL: Relationship Skills
- xSEL Labs: Social Problem-Solving

How *The Way To Go's* Impacts Students:

We will be able to...

- Identify ways we can respond to our peers to show we respect their opinions and perspectives.

In *The Way To Go's*, we identify and share challenges and words of encouragement with one another to show support.



Skills:

- Active listening.
- Seek and offer support.

How to facilitate *The Way To Go's* in your classroom:

- Load the video before students come into the class & check that the sound/volume is working.
- Students will need a piece of paper and something to write with. Students should not write their names on their paper.
- When prompted, students will pass their paper with their challenge to the front of the room.
- When prompted, you will read a challenge and call on students to share words of encouragement.

ENGAGE STUDENTS FURTHER WITH NEXT-LEVEL PROMPTS:

- How did this exercise change the way you see your classroom community? What changed?
- How does it feel to offer words of encouragement to someone else? Can you see yourself using these words of encouragement to address challenges in your own life?