

The Pat on the Backs

Primary Competency:

- CASEL: Social Awareness
- xSEL Labs: Social Perspective-Taking

How *The Pat on the Backs* Impacts Students:

We will be able to...

- Describe the positive qualities of one of our friends, family members, or trusted adults.
- Share the positive qualities we've identified with one of our friends, family members or a trusted adult.

In *The Pat on the Backs*, we will build community as we recognize the strengths of others around us.



Skills:

- Appreciating diversity.
- Respect for others.

How to facilitate *The Pat on the Backs* in your classroom:

- Load the video before students come into the class & check that the sound/volume is working.
- Students will need to form a circle.
- Jump in with examples such as: a student's strong sharing skills or a student's passion for _____.
- Redirect students if they call out the same people multiple times.
- Follow along with your students! Reinforce these skills and model active participation.

ENGAGE STUDENTS FURTHER WITH NEXT-LEVEL PROMPTS:

- Have a class discussion on why students think it is important to uplift and encourage each other.
- Ask students how they think they can use what they learned from this exercise throughout each day.