

Minnesota: Supporting Students through SEL



▶ Students in MN need SEL support

- 13% of 5th graders reported feeling worries "a lot" in the previous 30 days.
- 13% of 9th and 11th graders reported that they have seriously considered attempting suicide in the past year.

2019 Minnesota Student Survey

▶ What do the MN standards require?

In addition to SEL standards for birth through age 5, the Minnesota Department of Education has defined competencies and learning goals for K-12 aligned to the core SEL competencies defined by the Collaborative for Academic, Social, and Emotional Learning:

**Self
Awareness**

**Self
Management**

**Social
Awareness**

**Relationship
Skills**

**Decision
Making**

Move This World offers SEL curriculum for PreK-12th grade.
Learn more at www.movethisworld.com

▼ Self-Awareness

Examples of Move This World's objectives:

- Describe what an emotion is and why emotions are important.
- Define and provide examples of basic emotional vocabulary words.
- Describe and demonstrate ways to express emotions in a socially acceptable manner.

▼ Self-Management

Examples of Move This World's objectives:

- Communicate emotions safely and authentically using a variety of modalities.
- Identify and control impulsive behavior.
- Distinguish among emotions you might feel in various situations.

▼ Social Awareness

Examples of Move This World's objectives:

- Identify and describe how others are feeling.
- Identify and describe positive qualities of others.
- Listen to others and respond respectfully.

▼ Relationship Skills

Examples of Move This World's objectives:

- Identify and use strong listening skills.
- Invite others to join groups.
- Describe a variety of strategies that can be used to resolve conflict peacefully.

▼ Responsible Decision Making

Examples of Move This World's objectives:

- Describe characteristics of a situation that make it feel safe or unsafe.
- Identify positive behaviors that contribute to personal and community wellbeing.
- Identify ways you can help your school or community.

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