

Career Readiness & SEL in Pennsylvania

► Students in PA need SEL support



- 38% of students reported that they felt depressed or sad most days in the past 12 months.
- 17% of students reported they had considered suicide in the past year.

2017 Pennsylvania Youth Survey

► What do the PA standards require?

Supports social and emotional development for students in PreK-12th grade.

PA Career Ready Skills Continuum

1. Self-Awareness and Self-Management
2. Establishing and Maintaining Relationships
3. Social Problem-Solving Skills

Move This World offers SEL curriculum for PreK-12th grade. Learn more at www.movethisworld.com

► Self-Awareness and Self-Management

PA Standards

Grade 1

- Identify different ways of expressing a feeling
- Identify one's own strengths, needs, and preferences
- Select coping skill strategies in response to adverse situations
- Distinguish among and set short term, mid-range, and long-term goals

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Sample standards from Grade 1

- Identify and describe how different situations make us feel
- Identify strengths, likes, dislikes, needs, and wants.
- Identify and explore appropriate strategies to manage emotions
- Identify personal goals and strategies that can be used to reach a goal



Establishing and Maintaining Relationships

PA Standards

Grade 3

- Explain ways to establish relationships that are positive and supportive of others
- Demonstrate respect for the uniqueness of others
- Identify multiple ways to solve conflicts and practice solving problems

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Sample standards from Grade 3

- Listen to others and response respectfully
- Demonstrate appropriate ways to show appreciation to others
- Identify and use a variety of strategies to solve conflict
- Invite others to join groups and to play



Social Problem-Solving Skills

PA Standards

Grade 5

- Identify consequences of a decision to oneself and others prior to action
- Identify possible behaviors and anticipate reactions in response to a specific social context
- Respond to others given a sense of the others' point of view

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Sample standards from Grade 5

- Identify verbal, physical, and situational cues that indicate how others might feel
- Analyze different approaches to dealing with conflict and why you may need to use different strategies for different conflict situations
- Identify ways to advocate for others