

Alabama: Taking Students to New Heights with SEL



▶ Students in AL need SEL support

- 29% of high school students in Alabama reported experiencing persistent feelings of hopelessness or sadness

2015 CDC Youth Behavior Survey

▶ What do the AL standards require?

The Alabama standards include SEL requirements for PreK:

Self-Concept/Emotional Development
Social Development

Additionally, Alabama offers a Character Education course of study for grades K-12 that focuses on 25 character values, such as: courage, honesty, self-control, and tolerance.

These can be supported by developing students skills within the five core social emotional learning competencies as defined by the Collaborative for Academic, Social, and Emotional Learning (CASEL):

**Self
Awareness**

**Self
Management**

**Social
Awareness**

**Relationship
Skills**

**Decision
Making**

Move This World offers SEL curriculum for PreK-12th grade. Learn more at www.movethisworld.com

▶ Self-Awareness

Examples of Move This World's objectives:

- Describe what an emotion is and why emotions are important.
- Define and provide examples of basic emotional vocabulary words.
- Describe and demonstrate ways to express emotions in a socially acceptable manner.

▶ Self-Management

Examples of Move This World's objectives:

- Communicate emotions safely and authentically using a variety of modalities.
- Identify and control impulse behavior.
- Distinguish among emotions you might feel in various situations.

▶ Social Awareness

Examples of Move This World's objectives:

- Identify and describe how others are feeling.
- Identify and describe positive qualities of others.
- Listen to others and respond respectfully.

▶ Relationship Skills

Examples of Move This World's objectives:

- Identify and use strong listening skills.
- Invite others to join groups.
- Describe a time you had a disagreement with someone, what happened, and how you might have acted differently.

▶ Responsible Decision Making

Examples of Move This World's objectives:

- Describe characteristics of a situation that make it feel safe or unsafe.
- Identify positive behaviors that contribute to personal and community wellbeing.
- Identify ways you can help your school or community.

Move This World offers standard-aligned SEL curriculum for PreK-12th grade.

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