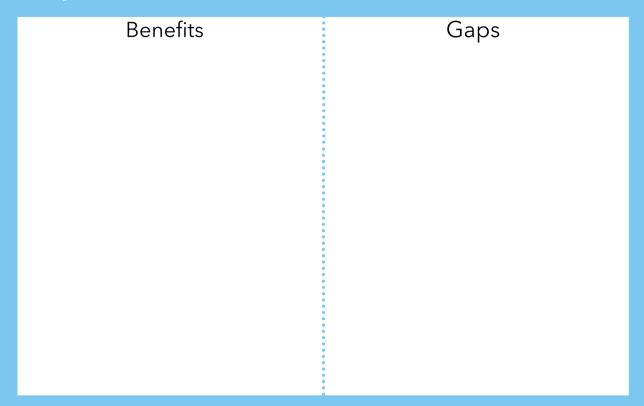


1. Consider the goals and/or criteria defined by the SEL							
Committee							
Goals			Criteria				
2. Gather information considering	on the s	SEL currio	cula you	are			
Name of Program:				-			
Is it aligned to CASEL?	Y	Ν	Unsur	e			
Is it aligned to CC or state stan	ıdards?	Υ	Ν	Unsure			
What grades/ages is it for?							
When in the school day is it us	ed, and how	/ frequently?					
ls it easy to use?							
Is it evidence-based?							



## **Evaluating SEL Solutions**

# 3. What are the benefits of the program, and what gaps have you identified?



### 4. What questions do you still have?

Outstanding questions:



# **Selecting SEL Programs**

Whether you are implementing for the first time, already have something in place, or just starting to plan, here are ready-to-use strategies and steps to evaluate SEL programs.

## **Right Now**



### **1. IDENTIFY YOUR TEAM AND PROCESS**

- Establish SEL Committee: Define clear goals and expectations.
- **Identify your goals:** What are your SEL goals for the upcoming school year or farther into the future?
- Identify your timeline and process: When and how will you be making decisions?
- **Continuing SEL Committee:** Support current leadership and consider including new voices.
- **Reevaluate Goals:** Keep them relevant and timely.
- **Budget:** Set aside time and money for next year(s) SEL assessment.

### 2. IDENTIFYING CURRICULUM & PROGRAMS

- Select multiple curricula or programs for your team to evaluate: Source teachers or schools in your district to determine what resources are already being used.
- **Data Review:** Make time for reviewing data from your team and outside sources (reviews, efficacy studies, etc.).
- Make Time: As your SEL needs grow and change year to year, make time to evaluate any new resources that could support your goals.
- **Budget Money:** Plan accordingly on any ongoing costs associated with SEL curriculum, assessment, and professional development.

### **3. EVALUATING CURRICULUM & PROGRAMS**

- **Check-in with Staff:** Invite additional stakeholders to the evaluation process.
- **Capture your feedback:** Use rubrics, checklists, and other methods to capture evaluation feedback from your teams.
- **Plan Ahead:** Provide messaging and information to your team prior to evaluation to foster buy-in.
- Set Aside Time: Build time into schedules for evaluation and feedback.



# Three Phases for Creating Equitable, Safe, and Supportive Schools

### Phase 1: Assess & Evaluate

- Motivation
- Readiness
- Capacity
- Strengths & Needs
- Who will be affected and involved and their role in the process related to engagement, decision making, implementation, and data collection, etc.

### Phase 2: Engagement & Education

- Create opportunities for education, training, and engagement based on traumasensitive, culturally responsive education and communities
- Build partnerships with families, outside organizations, and other members of the school community

### Phase 3: Decision Making & Implementation

- Incorporate differentiation in instruction and school activities
- Value all voices and input (i.e., student, teacher, family)
- Use assessment, data, and evidence-based practices to inform decisions and implementation



# Classroom, Schoolwide, and Districtwide Action Steps

### Classroom

- Diverse learning materials and methods of engagement
- Incorporate real-world scenarios
- Involve student voice and experiences
- Relationship and community building
- Opportunities for collaboration
- Locate free online and community resources and initiatives
- Incorporate culturally sensitive and responsive teaching

### Schoolwide

- Strategic plans that prioritize trauma-sensitive, equitable engagement
- Budget for traumasensitive, culturally responsive instructional materials for professional development
- Professional development and trainings for staff and families on
  - diversity and respecting differences
  - empathy
  - equitable learning
  - culturally sensitive and responsive teaching and other traumasensitive topics
- Involve student, family, and teacher voices
- Create opportunities for meaningful, joyful, positive engagement (i.e., classroom project, schoolwide community event)
- Locate free online an community resources and initiatives

### Districtwide

- Strategic plans that prioritize trauma-sensitive, equitable, safe, and supportive schools
- Offer student and staff health and wellness supports
- Professional development and trainings for staff and families on
  - diversity and respecting differences
  - empathy
  - equitable learning and other trauma-sensitive topics
- Involve student, family, teacher, and leader voices
- Update current disciplinary plans and systems (i.e., using a trauma-sensitive student support form)
- Utilize culturally and diversity sensitive practices

## Social-Emotional Learning (SEL) Curriculum Selection Survey

Your email address (christopher\_soto@dpsnc.net) will be recorded when you submit this form. Not christopher\_soto? <u>Sign out</u>

1. Which of the following will your school use as its primary SEL curriculum during the 2019-2020 school year?

Mark only one oval.

Move This World
Second Step
Zones of Regulation
Other:

2. What additional information would be helpful for your team to select and/or implement a primary SEL curriculum for the 2019-2020 school year?

Send me a copy of my responses.



### Social-Emotional Learning (SEL) Pre-Needs Assessment Survey

The Department of Student Support Services is committed to designing a consistent approach to Social-Emotional Learning (SEL) across the district. In order to be deliberate in our approach, we are seeking information from all schools about curricula and practices that already exist. Please answer the questions below to the best of your ability so that we can better understand how you are currently meeting the SEL needs of your students as we work to strategically address unmet needs, as well.

1. Please list any curriculum, program, and/or processes which currently exist in your school that teaches social-emotional skills.



2. How effective are these programs or processes at developing the social and emotional skills students need to be successful as they matriculate through school and onto college and career.

Mark only one oval.

Completely ineffective

Effective for a few

- Effective for many
- ) Effective for most x
- 3. Please explain what you view as effective or ineffective about your existing programs/processes?

4. How knowledgeable are the teachers in your school regarding SEL?

Mark only one oval.

- Very few have heard of SEL
- Some know about SEL but do not generally teach social-emotional skills in the classroom
- Many know about SEL and some incidentally teach social-emotional skills in the classroom X
- ) Many know about SEL and a few intentionally teach social-emotional skills in the classroom
- Almost all know about SEL and intentionally teach social-emotional skills in the classroom

Social-Emotional Learning (SEL) Pre-Needs Assessment Survey

- 5. What kind of approach to SEL do you think would best serve your school community? *Mark only one oval.* 
  - I do not think that teaching SEL competency should be a consideration in schools
  - Through modeling and teacher instructional practices.
  - Through the integration of the SEL competencies with classroom content
  - Through the explicit instruction of the SEL competencies during dedicated class time
  - Other:
- 6. Below, please list any curriculum, system, or program that you both know and would recommend.



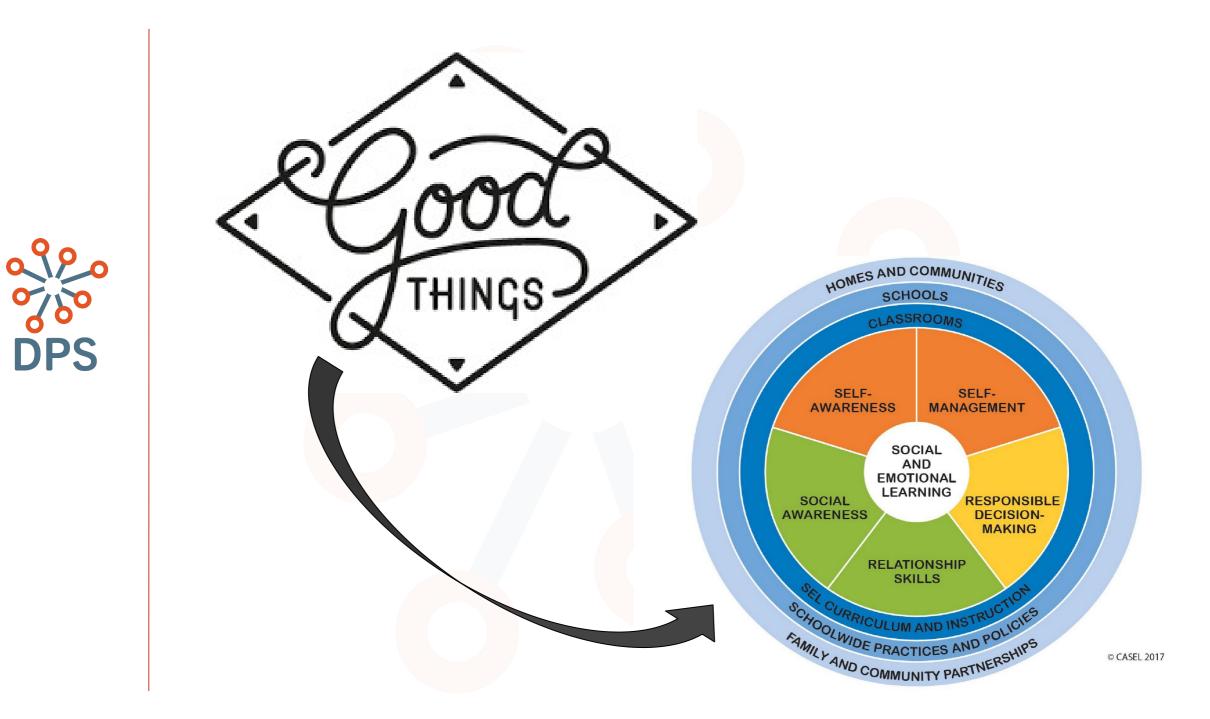


Minds on.

# Elementary: Student Support Services March 5, 2019 Principal Meeting



Dr. Chris Soto, Social-Emotional Learning Coordinator Mrs. Tomeka Ward-Satterfield, School Counseling Coordinator Mr. James Futrell, Director of Student Services - Engagement and Access





## **Expected Outcomes**

- Develop the capacity to lead a discussion about the SEL competencies.
- Be able to explain the primary approaches to teaching/integrating the SEL competencies into the school day.
- Access and begin to utilize Principal-specific tools for schoolwide SEL implementation.

SEL Systems Survey sent and data analyzed. SEL becomes one of the ES School Counselor Leadership Themes for professional learning..

SEL Curriculum Rubrics completed by School Counseling PLC teams. Begin stakeholder capacity-building PDs.

Fall/Summer 2018

Nov. 201<mark>8 - Jan. 2</mark>019

SEL Curriculum Rubric created. Eight curricula identified as candidates for district approval (from survey data and recommendations).

Oct. 2018

Project Team convened that will use the completed SEL Curriculum Rubrics to make a recommendation towards a small number of district approved curriculum (perhaps one).

Feb. - April 2019

		1	2	3	4	5		1	2	3	4	5	
	Evidence	No Evidence No clear theory of change and has not demonstrated effectiveness through a research study	Minimal Evidence Has a clearly articulated theory of change, but has not demonstrated effectiveness through a research study	Some Evidence Shows some evidence of effectiveness through less rigorous research studies	Evidence Has demonstrated effectiveness through one rigorous research study	High Evidence Has documented evidence of effectiveness based on at least two rigorous, external research studies	Feasibility	Not Feasible Lessons or activities difficult to find or decipher and therefore not usable	Minimally Feasible Some lessons or activities are designed well, but are generally too lengthy and/or too complex to fit into the school schedule	Moderately Feasible Most lessons or activities are designed well, but special accommodations to the schedule would need to take place to adequately facilitate during the school day	Feasible The lessons or activities are all well-designed and can readily be implemented during the school day with minimal disruption	Highly Feasible The lessons or activities are highly integrated into bite sized lessons that are easily implemented using a shared language that can translate across the school	
		1	2	3	4	5		1	2	3	4	5	
	Support	No support Few to no resources to support implementation	Minimal Support General guidance provided but no specific resources	Moderate Support Limited resources available, like a curriculum guide available for purchase	Support Some resources are available to support implementation, like resources to support curriculum delivery	High Support Comprehensive resources available from an expert to support implementation, including resources for building staff competencies and school practice	Equity	Not equitable There is evidence that lessons and/or activities are directed towards a small subset of students without regard to diverse populations or learners	Minimally Equitable The lessons or activities seem 'neutral' and do not address racial, cultural or cognitive diversity in any meaningful way	Moderately Equitable Some lessons or activities address racial, cultural or cognitive diversity, but only superficially or as a separate unit or set of activities	Equitable There is a clear effort to provide lessons and activities throughout the curriculum that directly address racial, cultural and cognitive diversity	Highly Equitable Lessons and activities are thoughfully constructed (and graphically represented) to meet the specific SEL needs of a diverse group of racial, cultural, and cognitive children	
		1	2	3	4	5		1	2	3	4	5	
1	ngagement	Not Engaging Most lessons or activities seem stale or bland.	Minimally Engaging A few lessons or activities may be moderately enjoyable with some interactivity, but only with high effort on the part of the facilitator	Moderately Engaging Most lessons or activities could be engaging and interactive, with some effort on the part of the facilitator	Engaging The lessons or activities all have the potential to be engaging and interactive with some effort on the part of the facilitator	Highly Engaging The lessons or activities are engaging and fun, entice interaction between students by design, and are easily facilitated (or promote student leadership)	Integration	Not integrated Lessons or activities are exclusively facilitated by student support staff (counselors, social workers, etc.)	Minimally Integrated Lessons or activities are accessible to a range of educators, but seem to require a strong knowledge base or significant training to facilitate	Moderately Integrated Lessons or activities are accessible to a range of educators and require a limited knowledge base or professional development	Integrated Lessons or activities are highly accessible to a broad range of educators and are generally intuitive and easy to facilitate, both inside and outside of designated times	Highly Integrated SEL competencies are threaded throughout easy to facilitate lessons, both inside and outside of designated times, and the content is accessible to stakeholders inside and outside of school	

## **To Review at Your Discretion...**

#### Mind Up

https://mindup.org/mindup-classroom-implementation/

https://mindup.org/

Second Step

https://www.youtube.com/watch?v=QYO-bWlzOEs

https://www.secondstep.org/

**Class Catalyst** 

https://vimeo.com/284439825

https://mindfulpractices.us/

**Zones of Regulation** 

https://www.youtube.com/watch?v=VujyGcyKljg&t=77s

http://www.zonesofregulation.com/index.html

Move This World https://www.youtube.com/watch?v=-0WaJg5ub M http://movethisworld.com/ PATHS https://www.channing-bete.com/prevention-programs/paths/program-implementa tion.html https://www.channing-bete.com/prevention-programs/paths/paths.html Peace of Mind https://teachpeaceofmind.org/meet-linda/ https://teachpeaceofmind.org/ Why Try https://www.youtube.com/watch?v=rrMK6D4il g

https://www.whytry.org/



## Schoolwide SEL Implementation

- Three primary ways to deliver SEL content:
  - Through the explicit instruction of SEL competencies.
  - Through integration with classroom content.
  - Through teacher instructional practices.



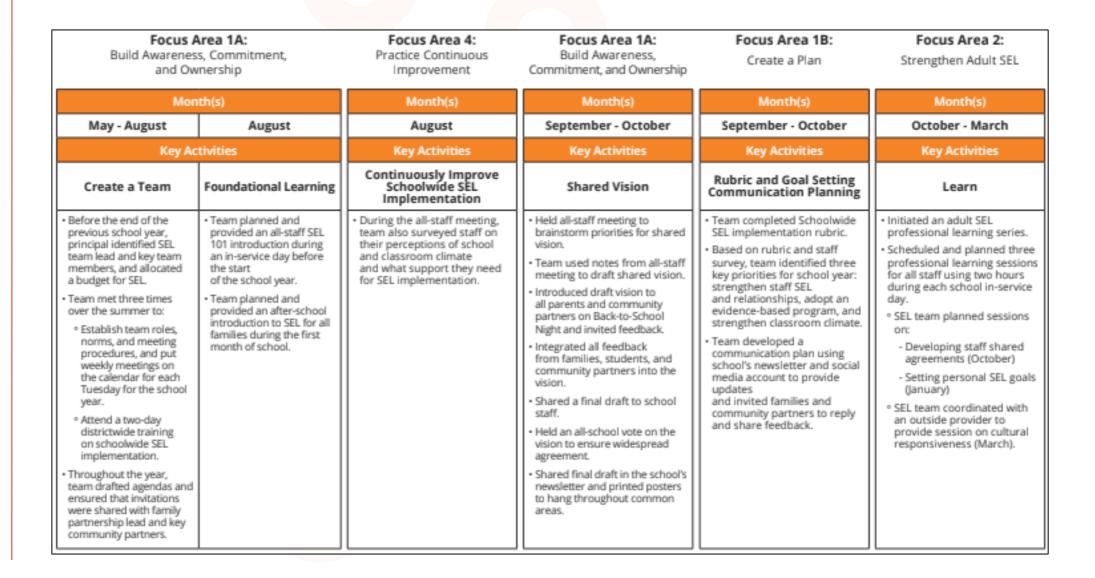
## Schoolwide SEL Implementation

- Which competencies did you see being taught in the lesson?
- What did you see that is already happening in your buildings?
- What would be new for your building?
- What stood out from the video as most interesting?

**Classroom Examples of Social-Emotional Learning** 

• How will you foster adult Social-Emotional Learning in your school?

## **Suggested Timeline Moving Forward**





## **Work Session**

Go to the website for

The Collaborative for Academic, Social, and Emotional Learning (CASEL) / Tools and Resources

- Go to the google folder Principals' SEL Toolkit: <u>http://bit.ly/2EnoPQB</u>
  - > In your folder
    - > CASEL Guide to SEL Implementation (PDF)
    - > Indicators of Schoolwide SEL (PDF)
    - Preparing for Effective SEL Implementation (PDF)
    - > Principals Resource Checklist (PDF)
    - > Sample SEL 101 (PPT Presentation)
    - > SEL School Guide (TOOL)
    - Creating a Communication Strategy (TOOL)
    - Professional Learning Plan (TOOL)
    - <u>https://schoolguide.casel.org/focus-area-1a/overview/</u>



## To Start Now...



Focus Area 1A: Build Awareness, Commitment, and Ownership

م رو DPS

Mon	Month(s)					
May - August	August					
Key Ac	tivities					
Create a Team	Foundational Learning					
<ul> <li>Before the end of the previous school year, principal identified SEL team lead and key team members, and allocated a budget for SEL.</li> </ul>	<ul> <li>Team planned and provided an all-staff SEL 101 introduction during an in-service day before the start of the school year.</li> </ul>					
<ul> <li>Team met three times over the summer to:</li> <li>Establish team roles, norms, and meeting procedures, and put weekly meetings on the calendar for each Tuesday for the school year.</li> </ul>	<ul> <li>Team planned and provided an after-school introduction to SEL for all families during the first month of school.</li> </ul>					
<ul> <li>Attend a two-day districtwide training on schoolwide SEL implementation.</li> </ul>						
<ul> <li>Throughout the year, team drafted agendas and ensured that invitations were shared with family partnership lead and key community partners.</li> </ul>						

Note your school's progress and needs in these areas:		2	3	(4)
SEL Team	An SEL team is in the initial stages of development.	An SEL team meets occasionally with few structured roles and responsibilities.	An SEL team meets somewhat regularly with partially structured roles and responsibilities. Students, families, and community groups are consulted when teams are making decisions that would directly impact them.	An SEL team with designated roles and responsibilities, meets at least monthly to lead schoolwide SEL. The team is representative of the school community and includes students families, and community groups in decision-making processes.
Foundational SEL Learning Opportunities	Foundational SEL learning opportunities are being planned for staff, families, and community partners to develop awareness of, commitment to, and ownership of SEL.	Foundational SEL learning opportunities have been provided to some key stakeholders (staff, families, and community partners). Members of the school community have a general understanding of SEL and its impact on students' development.	Foundational SEL learning opportunities have been provided for school staff, families, and community partners but are not yet offered annually. Many members of the school community can discuss SEL's importance and its impact on students' development.	Foundational SEL learning opportunities are provided for all school staff in the first year of implementation and then at least annually for new school staff, families, community partners, and as part of the onboarding process. Almost all members of the school community can discuss SEL's importance and its impact on student outcomes and understand their own role in helping students develop social and emotional competencies.
Shared Vision	A shared vision for schoolwide SEL has not yet been developed.	The SEL team has begun engaging stakeholders, including students, families, staff, and community members, as collaborators for developing a shared vision for schoolwide SEL.	The SEL team collaborated with a group of stakeholders who are representative of the school community to develop a shared vision for schoolwide SEL that has been communicated to the entire school community.	The SEL team collaborated with a group of stakeholders who are representative of the school community to develop a shared vision for schoolwide SEL. The shared vision has been communicated to the entire school community, informs planning and implementation, and is revisited regularly.



## To discuss with your peers...

- When looking at Focus Area 1A of the SEL schoolwide implementation timeline, what are some challenges and opportunities that exist in your school?
- What kind of resources can assist you with these areas? What do you need to ensure completion of 1A?

Please fill out the following survey on current SEL implementation and SEL Support.

https://bit.ly/2NI3ENs





	Move This World	Second Step	Zones of Regulation
	Easy to use	Strong body of research support	Concrete/easy to conceptualize
	Movement based for multiple learning     styles	Very comprehensive (across grade levels)	Simple and easily shared language
	<ul> <li>styles</li> <li>Universal, accessible language</li> </ul>	Highly scripted for teachers ease of use	• Easily integrated with cultural frameworks
	Lots of catch phrases	Weekly lesson + daily follow-up	<ul> <li>Particularly strong for early childhood and behavioral monitoring</li> </ul>
	• May appeal to children from cultures where	Lots of resources and support	Easy for related services or outside
Positives	song and dance are central	• Differentiated curriculum for k-2 and 3-5	therapists to learn and/or replicate the language
POSITIVES	Diverse representation on videos	• Ease of integration with academic content	
		Take home material	
		Mindfulness component	
		<ul> <li>Additional units for child protection and bullying</li> </ul>	
		No prerequisites to teach lessons	
		Spanish and English versions	
Concerns	Internet dependent	Large number of options and resources can feel overwhelming	• Seems more like a set of strategies than a comprehensive curriculum

### Social-Emotional Learning Curricula Comparison Matrix

	Potential for low teacher engagement	Lessons are very scripted	
	Not differentiated for EC	Lessons are very short	
	Removes the human from the lesson		
	• May appeal less to children from cultures where song and dance are non-central		
	https://www.youtube.com/watch?v=-0WaJg5ub_M	https://www.youtube.com/watch?v=QYO-bWlzOEs	https://www.youtube.com/watch?v=tEUcdh9VzAE
Resources	https://vimeo.com/17922	https://www.secondstep.org/	http://www.zonesofregulation.com/index.html
	http://movethisworld.com/		
Analysis	<b>Move This World</b> describes their curriculum as "turn key" because teachers can just show the movement-oriented videos, although it also has supplemental lessons and discussion questions for teachers. On the evaluation rubric and in the Project Team conversations, it scored high on the <i>feasibility</i> and <i>engagement</i> dimensions.	<b>Second Step</b> is the most comprehensive of the evaluated curricula, but also has lessons that are heavily scripted for ease of use. While there was some concern that so much material to unpack makes it difficult to get traction, strong scores on the <b>evidence</b> and <b>support</b> dimensions of the evaluation rubric show promise regarding the outcomes of implementation fidelity.	<b>Zones of Regulation</b> is the curriculum that is easiest to apply in conversations with students. The simple and concrete four-color system works particularly well with the basic building blocks of emotional and behavioral regulation. On the evaluation rubric and in the Project Team conversations, it scored particularly high on <b>feasibility</b> and <b>engagement</b> .

#### Priority II - DPS Social-Emotional Learning

<u>School Survey Data</u>	Counselor PLC SEL Rubric	Presentation to Principals	District Project Team
Peace of Mind, Class Catalyst,	Evidence	SEL Overview	Multi-Department
Zones of Reg, Move this	Support	Counselor PLC Update	Review SEL Curricula and
World, PATHS,	Engagement	CASEL Resources	Rubrics
Mind Up, Second Step, Why	Feasibility	Roles and Responsibilities	Recommend: Zones, Move
Try	Equity	SEL Exploration	This World, Second Step
,			
August 2018	September 2018 - January 2019	March 2019	April 2019
	SEL Vendor Presentations	Principal Update	<u>Title I Parent Night</u>
School Exploration and	Presentations to school	Review work of project	General information about
Selection	teams and district project	team	SEL
16 schools have made a	team from 3 Vendors	Gathering input from school	Table display of 3 SEL
selection		stakeholders	Curricula
		School selections	Gathered questions and
May 2019			feedback from parents
	May 2019	April 2019	April 2019

#### Considerations

- 2019-2020 SEL focus (delivery priorities and time)
- Balance with other strategic plan initiatives
- Budgetary implications

**SEL Curriculum Rubric:** Please fill this out to the best of your ability, placing the score for each one of these domains into the yellow box to be tabulated for a final score. Also, please take any notes on your rationale in the "Definitions and Process Notes" boxes below (plus additional information, dissenting opinions, etc.) so that we can get some context behind your decisions. We have also included a "Cost" section, because affordability is important, but we did NOT include it in the rubric because at this point we do not know what "affordability" means relative to DPS' budget. In that section, please put any cost information that you find and/or any links to that information.

#### RUBRIC

	1	2	3	4	5	
Evidence	<b>No Evidence</b> No clear theory of change and has not demonstrated effectiveness through a research study	<b>Minimal Evidence</b> Has a clearly articulated theory of change, but has not demonstrated effectiveness through a research study	Some Evidence Shows some evidence of effectiveness through less rigorous research studies	Evidence Has demonstrated effectiveness through one rigorous research study	High Evidence Has documented evidence of effectiveness based on at least two rigorous, external research studies	
	1	2	3	4	5	
Support	No support Few to no resources to support implementation	Minimal Support General guidance provided but no specific resources	Moderate Support Limited resources available, like a curriculum guide available for purchase	Support Some resources are available to support implementation, like resources to support curriculum delivery	High Support Comprehensive resources available from an expert to support implementation, including resources for building staff competencies and school practice	
	1	2	3	4	5	
Engagement	Not Engaging Most lessons or activities seem stale or bland.	<b>Minimally Engaging</b> A few lessons or activities may be moderately enjoyable with some interactivity, but only with high effort on the part of the facilitator	<b>Moderately Engaging</b> Most lessons or activities could be engaging and interactive, with some effort on the part of the facilitator	<b>Engaging</b> The lessons or activities all have the potential to be engaging and interactive with some effort on the part of the facilitator	<b>Highly Engaging</b> The lessons or activities are engaging and fun, entice interaction between students by design, and are easily facilitated (or promote student leadership)	

	1	2	3	4	5	
Feasibility	Not Feasible Lessons or activities difficult to find or decipher and therefore not usable	Minimally Feasible Some lessons or activities are designed well, but are generally too lengthy and/ or too complex to fit into the school schedule	Moderately Feasible Most lessons or activities are designed well, but special accommodations to the schedule would need to take place to adequately facilitate during the school day	<b>Feasible</b> The lessons or activities are all well-designed and can readily be implemented during the school day with minimal disruption	Highly Feasible The lessons or activities are highly integrated into bite sized lessons that are easily implemented using a shared language that can translate across the school	
Equity	1 Not equitable There is evidence that lessons and/or activities are directed towards a small subset of students without regard to diverse populations or learners	2 Minimally Equitable The lessons or activities seem "neutral" and do not address racial, cultural or cognitive diversity in any meaningful way	3 Moderately Equitable Some lessons or activities address racial, cultural or cognitive diversity, but only superficially or as a separate unit or set of activities	4 Equitable There is a clear effort to provide lessons and activities throughout the curriculum that directly address racial, cultural and cognitive diversity	5 Highly Equitable Lessons and activities are thoughtfully constructed (and graphically represented) to meet the specific SEL needs of a diverse group of racial, cultural, and cognitive children	
Integration	1 Not integrated Lessons or activities are exclusively facilitated by student support staff (counselors, social workers, etc.)	2 Minimally Integrated Lessons or activities are accessible to a range of educators, but seem to require a strong knowledge base or significant training to facilitate	3 Moderately Integrated Lessons or activities are accessible to a range of educators and require a limited knowledge base or professional development	4 Integrated Lessons or activities are highly accessible to a broad range of educators and are generally intuitive and easy to facilitate, both inside and outside of designated times	5 Highly Integrated SEL competencies are threaded throughout easy to facilitate lessons, both inside and outside of designated times, and the content is accessible to stakeholders inside and outside of school	

TOTAL SCORE:

#### DEFINITIONS AND PROCESS NOTES

**Evidence**: The curriculum or system has a clear theory of change (a logic for how the curriculum develops social-emotional competencies) and rigorous outcomes research that shows that its' effectiveness when implemented with fidelity.

Decision Rationale:

**Support**: The curriculum or system has strong support for implementation/delivery of SEL competencies, including highly accessible resources and professional development opportunities for users.

Decision Rationale:

**Engagement:** The curriculum or system has SEL competency-building lessons and/or activities that would be fun and interactive for K-5 students.

Decision Rationale:

**Feasibility:** The curriculum or system is relatively easy to teach and/or implement (suggested schedule, well-organized SEL lessons, materials provided, etc.).

Decision Rationale:

Equity: The curriculum or system shows evidence that it was designed to meet the SEL needs of diverse learners and cultures.

Decision Rationale:

**Integration:** The curriculum or system shows evidence that it is designed to be used across the context of a school, with meaningful roles for teachers, administrators, support staff, and families.

Decision Rationale:

Cost information that may be important to consider: